

## 2018 Annual Meeting

This serves as the official notice that the first annual meeting of the members of 40 Square Cooperative Solutions will be held **Wednesday, March 28, 2018**, at 12:30 p.m. at the United Farmers Cooperative Berdan Center in Winthrop.

A health fair will begin at 10:00 a.m. with information from our health plan partners: Alithias®, MedTrakRx®, HealthiestYou®, and others. Members are encouraged to visit with our partners' representatives to learn more about their health plan benefits.

### 10:00 a.m. - 3:00 p.m.

Health Fair with 40 Square Partners

### 12:00 p.m. - 12:30 p.m.

Lunch

### 12:30 p.m. - 2:00 p.m.

Annual Meeting of the Members

### Agenda

- Open Meeting
- Introduction of Guests
- Reading of Annual Meeting Notice
- Financial and Audit Reports
- Guest Speaker: State Representative Tim Miller
- Election of Board Members
- Executive Director Report
- Question and Answer Session
- Adjourn

**RSVPs to the Annual Meeting are appreciated.** Please call 844-205-9579 or email [info@40Square.coop](mailto:info@40Square.coop) to ensure a quorum of members. 40 Square will also be emailing an invite with an electronic RSVP option to those who have provided us with their email address.



## Message from the Executive Director

*"There are many things that seem impossible only so long as one does not attempt them."*

– André Gide, *Autumn Leaves*

The journey of 40 Square Cooperative Solutions and our Consortium Health Plan has not been a short one. It began over 15 years ago, when many of you said to your local co-ops, that above the cost of inputs and price of commodities, a barrier to being able to continue in agriculture was the cost of and access to health insurance.

Along this winding journey, we hit roadblocks and worked tirelessly with Cooperative Network to change state laws and successfully pass legislation. When the final piece of legislation passed in January 2017, folks thought it would be impossible for us to be up and running by the fall.

### And here we are; the seemingly "impossible" happened.

It happened because we attempted it with the full support and drive of you and your local co-ops, with United Farmers Cooperative being our lead champion. With this being our inaugural plan year, what we've all worked so hard for, is now in motion. Please explore and take advantage of our unique offerings to save your hard-earned money, such as our excellent customer service line, which also provides cost comparisons for procedures, and our 365/24-7 telemedicine feature through HealthiestYou, which incurs no co-pay or expense toward your deductible.

We want your experience with 40 Square to be personal, exceptional, and what you thought was impossible with your previous health coverage, possible. Please let us know, if you have any questions, concerns or feedback.

### Thank you for making the seemingly impossible, possible!

Cooperatively Yours,



Char Vrieze

## 40 Square Customer Service Through Alithias

At Alithias, caring for your health care needs is their number one priority. 40 Square is excited to have partnered with advocates from Alithias to serve as your customer care line.



What is an “Alithias advocate”? They are highly experienced health care and benefits experts that can guide and assist 40 Square members through the complexities of the health care system. Alithias advocates have extensive experience in claims processing, provider billing practices, medical terminology and helping members just like you navigate the health care landscape.

*“I’ve never had this kind of service from a health plan before. What a wonderful program! I have learned so much.”*

In addition, an Alithias advocate can help you:

- Compare costs for procedures
- Understand health coverage offered through your plan
- Understand how a claim was billed or paid
- Access services that require precertification or prior authorization
- Find in-network or preferred providers in your area
- Understand tests, treatments and medications recommended or prescribed by your physician
- Navigate services around complex medical conditions
- Resolve “balance billing” or “duplicate billing” issues
- Coordinate payments between multiple benefit plans
- Coordinate care and connect you with the appropriate support services for your medical needs

Let our 40 Square Customer Service Advocates help you today! Call: **877-314-9737**. Email: **40SquareMemberService@ebsobenefits.com**

### Prescription Drug Feature

Did you know? MedTrakRx “Performance 90” pharmacies are able to fill 90-day supplies of maintenance medications for a low, competitive cost. It’s important to note that prior to getting a 90-day supply of any new medication at a Performance 90 pharmacy, you must start with a 30-day supply at a participating retail pharmacy. This reduces waste in cases when your doctor tells you to stop taking the new medication early-on due to side effects.

To find out which pharmacies participate in Performance 90, you can log onto the MedTrakRx website at [www.medtrakrx.com](http://www.medtrakrx.com) and click on Pharmacy locator, or call MedTrakRx at 800-771-4648.



### Want to Learn More?

For additional questions regarding the Performance 90 Network, please contact us at:  
**1-800-771-4648**

## HealthiestYou

HealthiestYou is your personalized telemedicine benefit that offers you and your family **FREE** one-on-one doctor consultations 24/7, 365 days a year from the comfort of your tractor, truck or living room.

As planting begins to ramp up, you won't need to slow down if illness strikes you or a family member. If you need to see a doctor, you can connect with a board certified, U.S. based, and licensed physician who can diagnose, treat and prescribe for acute illnesses such as the flu, allergies, earaches, and many more. In fact, about 70% of Urgent Care visits can be treated by a doctor from HealthiestYou. The service is unlimited - everyone who is enrolled in a 40 Square health plan, including members, employees and enrolled dependents, are eligible. And there is no copay! The service comes at zero cost to you.

Call **866-703-1259** right now or download the app by following these instructions:

### *Download HealthiestYou App*

Step 1: Search and download "HealthiestYou" or "HY" in the iTunes app store or Google Play.

Step 2: Click "Register Now" to get started. As a member of 40 Square, select "Employee" to represent the organization you are enrolled under.

Step 3: Enter the primary member's information which includes last name, date of birth, ZIP code, email address, password, phone number (Primary member's information is found on the member ID card.)

Step 4: Accept terms and conditions and click the "create account" button. Done!

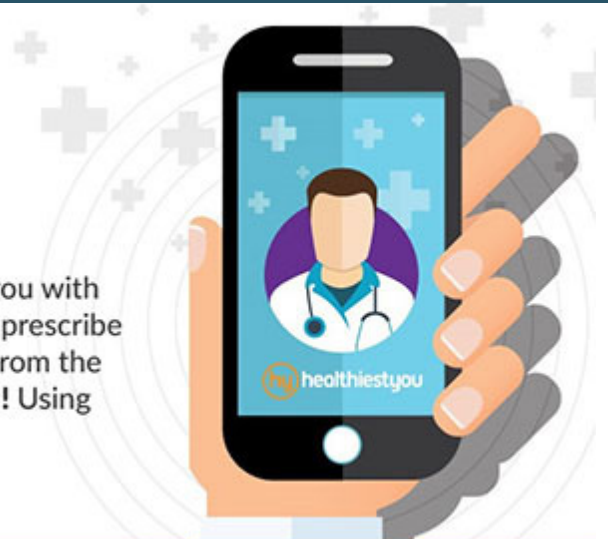
*NOTE: If a medication is prescribed, the prescription does fall to your medical plan and is subject to your deductible and copay.*



## VISIT A DOCTOR 24/7/365 OVER THE PHONE!

Our network of licensed doctors are standing by to help you with the press of a button. They can diagnose, treat, and often prescribe for an array of medical issues right over the phone, even from the comfort of your couch. **The best part is every call is FREE!** Using HealthiestYou can save you tons of time and money!

Download the app and take charge today!



## 40 Square is Going Green

Reduce, reuse, recycle...and go paperless! The next newsletter will be delivered by email to save on paper. However, if you wish you receive a paper copy of our newsletter, contact 40 Square at 844-205-9579 or [info@40square.coop](mailto:info@40square.coop) to continue to receive a copy via U.S. Postal Service.

## New Address

40 Square's office has moved! All mail sent via U.S. Postal Service should now be addressed to:

40 Square Cooperative Solutions  
2145 Ford Parkway, Suite 200  
Saint Paul, MN 55116



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## Run for the 40 Square Boards of Directors!

At our upcoming annual meeting, members will elect the permanent board members of 40 Square Cooperative Solutions and the 40 Square Consortium Health Plan.

Candidates must be a member of 40 Square Cooperative Solutions (corporations may designate a person to run on the corporation's behalf as its "designee") and meet the director qualifications stated in the bylaws in Article VI, Section 6.3. and those are listed on the 40Square.coop website. A Board of Directors' job description can be found there as well.

The board is currently comprised of five co-op members and three investor members. Each board seat will be held for a set number of years, with the terms varying from 1 to 3 years. This will allow the board to achieve a staggering of open seats for future board elections (as required by the bylaws). All aforementioned documents are available for your reference at 40Square.coop. You may also request hard copies by contacting the co-op.

The following co-op members of the formative board will be running for election:

- Robby Gieseke, Nicollet
- Kevin Lauwagie, Winthrop
- Bruce Maas, Walnut Grove
- Cole Trebesch, Springfield

The fifth co-op member board seat is currently open and available for any member interested. This seat will take the position for a two-year term. After the first term, all seats will then serve three year terms. Biographies for each candidate can be found on the 40Square.coop website. You can also be mailed a hard-copy by contacting the co-op.

Each elected director will also serve as a member of the 40 Square Consortium Health Plan board (Consortium) and the associated trust. Business for the Consortium, if necessary, will be conducted separately from the co-op but would occur within the same meeting time frames.

If you are interested in running for the board, please contact us at 844-205-9579 or email us at [info@40Square.coop](mailto:info@40Square.coop). **The deadline for notification of interest is Friday, March 16th.** Get involved in your co-op and health plan!

### Stay Connected

Find the latest news at [40Square.coop](http://40Square.coop) and on all of our social networks. Search for 40 Square on Facebook and LinkedIn. Twitter: @40Square



### Call Us

**Co-op:** 844-205-9579  
**Customer Service:** 877-314-9737

### Email

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Customer Service:  
[40SquareMemberService@ebsobenefits.com](mailto:40SquareMemberService@ebsobenefits.com)