

Your healthcare just got a whole lot easier!

With HealthiestYou you can connect with a doctor who can diagnose, treat, and prescribe over the phone 24/7/365. Using HealthiestYou can **SAVE YOU TONS OF MONEY** and no more time wasted in waiting rooms or trying to schedule an appointment.

Our doctors are licensed and can handle an array of common ailments including allergies, earache, sore throat, pink eye, strep throat, urinary tract infection, and many more! HealthiestYou is great for families because your spouse and dependants can use it too. There is no limit on the number of times called or the duration of each call. And the best part... **it's FREE!**

Talk to a doctor

Talk to a licensed, board-certified doctor to get a diagnosis and a treatment plan.

Get a prescription

If medically necessary, a prescription may be provided and electronically sent to a pharmacy of your choice.

Feel Better Soon

We hope you feel better quickly, but if not, call and talk to the doctor again. There is no limit to visits.

- ✓ 24x7 Unlimited doctor access
- ✓ FREE to use
- ✓ Access by app or telephone
- ✓ Spouse and dependant use
- ✓ Find a nearby doctor, pharmacy, urgent care, ER, or even a vet
- ✓ Price and save on prescriptions
- ✓ Price procedures
- ✓ Search and compare doctors
- ✓ Friendly reminders to save

DOWNLOAD THE APP!



No Smartphone or Internet?
No Problem! Simply call

866.703.1259





With HealthiestYou you can connect to a doctor, get treatment, and get prescriptions, 24 hours a day, 7 days a week over the phone or via the mobile app. Using HealthiestYou can SAVE YOU TONS OF MONEY and no more sitting around in waiting rooms. And best of all, it's FREE



How to get started with HealthiestYou:

Step 1: Setup your member portal

Head on over to member.healthiestyou.com and register for the member portal. Here you'll have access to the same amazing tools as our app but from your computer.

Step 2: Download the app

Search and download "HealthiestYou" or "HY" in the app store or Google Play! Available on your iPhone or Android device



Step 3: Setup the app



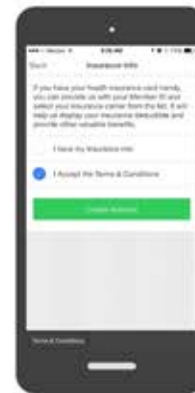
Click Login to get started

--Note, the app login is the same information from the online member portal registration.



Select and enter the primary member's information:

- Last Name
- D.O.B.
- Zip Code
- Email address
- Password
- Phone #



If you have your insurance card handy, select "I have my Insurance info". You can always enter it later.*

- Accept the Terms & Conditions*
- Click Create Account

*Note: insurance sync not available for everyone. See your benefits manager.

Step 4: Use HealthiestYou next time you're sick

Open up the app and push the button to visit a doctor. Shop and price drugs and procedures, sync and keep track of your deductible to make sure you're minimizing out of pocket costs, and much more.

No smartphone or internet? No problem, simply call to talk to a doctor

866.703.1259

HEALTHIESTYOU IS NOT HEALTH INSURANCE AND WE ENCOURAGE ALL MEMBERS TO MAINTAIN ADEQUATE INSURANCE FROM A RESPONSIBLE PROVIDER. HEALTHIESTYOU IS DESIGNED TO COMPLEMENT, AND NOT REPLACE THE CARE YOU RECEIVE FROM YOUR PRIMARY CARE PHYSICIAN. HEALTHIESTYOU PHYSICIANS ARE AN INDEPENDENT NETWORK OF DOCTORS WHO ADVISE, DIAGNOSE, AND PRESCRIBE AT THEIR OWN DISCRETION. PHYSICIANS PROVIDE CROSS COVERAGE AND OPERATE SUBJECT TO STATE REGULATIONS. PHYSICIANS IN THE INDEPENDENT NETWORK DO NOT PRESCRIBE DEA CONTROLLED SUBSTANCES, NON-THERAPEUTIC DRUGS AND CERTAIN OTHER DRUGS WHICH MAY BE HARMFUL BECAUSE OF THEIR POTENTIAL FOR ABUSE. HEALTHIESTYOU DOES NOT GUARANTEE THAT A PRESCRIPTION WILL BE WRITTEN.

Top 50 HY Diagnoses

- 1- ACUTE UPPER RESPIRATORY INFECTIONS OF UNSPECIFIED SITE
- 2- ACUTE SINUSITIS UNSPECIFIED
- 3- ACUTE PHARYNGITIS
- 4- URINARY TRACT INFECTION
- 5- ACUTE BRONCHITIS
- 6- ACUTE CONJUNCTIVITIS UNSPECIFIED
- 7- UNSPECIFIED OTITIS MEDIA
- 8- STREPTOCOCCAL SORE THROAT
- 9- ALLERGIC RHINITIS CAUSE UNSPECIFIED
- 10- COUGH
- 11- INFECTIVE OTITIS EXTERNA UNSPECIFIED
- 12- ACUTE NASOPHARYNGITIS (COMMON COLD)
- 13- OTALGIA UNSPECIFIED
- 14- OTHER ACUTE PAIN
- 15- CONTACT DERMATITIS, NOS
- 16- RASH AND OTHER NONSPECIFIC SKIN ERUPTION
- 17- VAGINITIS AND VULVOVAGINITIS UNSPECIFIED
- 18- CANDIDIASIS OF VULVA AND VAGINA
- 19- ABDOMINAL PAIN UNSPECIFIED SITE
- 20- CELLULITIS AND ABSCESS OF UNSPECIFIED SITES
- 21- ACUTE CYSTITIS
- 22- HERPES SIMPLEX WITHOUT COMPLICATION
- 23- FEVER UNSPECIFIED
- 24- ACUTE TONSILLITIS
- 25- PAIN, LOW BACK
- 26- UNSPECIFIED DENTAL CARES
- 27- UNSPECIFIED VIRAL INFECTION
- 28- INFECTIOUS COLITIS ENTERITIS AND GASTROENTERITIS
- 29- CONJUNCTIVITIS, VIRAL NOS
- 30- INFLUENZA WITH OTHER RESPIRATORY MANIFESTATIONS
- 31- OTHER ACUTE OTITIS EXTERNA
- 32- ACUTE GOUTY ARTHROPATHY
- 33- EXERCISE-INDUCED BRONCHOSPASM
- 34- UNSPECIFIED CONSTIPATION
- 35- NAUSEA WITH VOMITING
- 36- CROUP
- 37- UNSPECIFIED ESSENTIAL HYPERTENSION
- 38- DEHYDRATION
- 39- CONJUNCTIVITIS, MUCOPURULENT
- 40- ALLERGIC URTICARIA
- 41- TOBACCO USE DISORDER
- 42- DIARRHEA OF PRESUMED INFECTIOUS ORIGIN
- 43- INSECT BITE NONVENOMOUS OF TRUNK WITHOUT INFECTION
- 44- CONTACT DERMATITIS AND OTHER ECZEMA DUE TO OTHER SPECIFIED AGENTS
- 45- SCABIES
- 46- ACUTE SWIMMERS' EAR
- 47- DIARRHEA, NOS
- 48- MYALGIA AND MYOSITIS UNSPECIFIED
- 49- HERPES ZOSTER WITHOUT COMPLICATION
- 50- EXTERNAL HEMORRHOIDS WITHOUT COMPLICATION